Elevating Mindset

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Keynote Overview



John 'Gucci' Foley's keynote, Elevating Mindset, directly addresses the challenges many face in today's fast-paced environment—stress, disconnection, and a lack of engagement.

Through his Glad to Be Here®philosophy, John offers a compelling solution that goes beyond mere positivity, diving into gratitude as a form of self-accountability and ownership, even when facing adversity. It's about acknowledging mistakes, committing to improvement, and fostering a supportive team environment.

This approach builds a resilient culture where gratitude is a catalyst for growth, collaboration, and the betterment of the team as a whole, offering a profound way to strengthen bonds and drive collective success.

Audience will leave empowered with:

- Techniques to strengthen team bonds through shared gratitude practices.
- Ways to encourage vulnerability and openness within teams, enhancing trust.
- A blueprint for creating a positive, gratitude-infused organizational culture, leading to increased engagement and productivity.
- Strategies for maintaining a grateful outlook even in challenging situations, fostering resilience and positive change
- Understanding of gratitude's neuroscience and its benefits.
- Insights on how gratitude fosters a culture of selfaccountability and leadership.

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